

13.09.2017	Hall 1	Hall 2	Hall 3	Hall 4	Hall 5	Hall 6	Hall 7	Hall 8	Hall 9	Hall 10	Hall 11	Hall 12
8:30-10:30	PRE CONGRESS WS 1 Adam S. Radomsky Cognitive Therapy for Contamination-Related OCD: Focus on Mental Contamination	PRE CONGRESS WS2 Adrian Wells Core principles and techniques for good practice of Metacognitive Therapy	PRE CONGRESS WS3 Judith Beck A Cognitive Behavioral Approach to Weight Loss and Maintenance	PRE CONGRESS WS4 Robert Friedberg CBT with Young Patients and Families: Useful Measures and Methods	PRE CONGRESS WS5 Robert Leahy The Therapeutic Relationship in CBT and management of Transference-Countertransference issues	PRE CONGRESS WS6 Steven Hayes Acceptance and Commitment Therapy	PRE CONGRESS WS7 Anke Ehlers Cognitive Therapy for posttraumatic stress disorder	PRE CONGRESS WS8 James Bennett-Levy Experiencing strengths-based CBT from the inside out: A self-practice/self-reflection workshop for therapists	PRE CONGRESS WS 9 Frank Ryan The Willpower Workshop: Innovative CBT Applied to Addiction	PRE CONGRESS WS 11 Cory Newman Preventing Suicide: Using CBT to Help Clients Choose to Live	PRE CONGRESS WS13 Costas Papageorgiou Metacognitive therapy for depression in individual and group formats	PRE CONGRESS WS15 Arnoud Arntz Schema Therapy for borderline personality disorder
10:30-11:00	COFFEE BREAK											
11:00-12:30	PRE CONGRESS WS 1 Adam S. Radomsky Cognitive Therapy for Contamination-Related OCD: Focus on Mental Contamination	PRE CONGRESS WS2 Adrian Wells Core principles and techniques for good practice of Metacognitive Therapy	PRE CONGRESS WS3 Judith Beck A Cognitive Behavioral Approach to Weight Loss and Maintenance	PRE CONGRESS WS4 Robert Friedberg CBT with Young Patients and Families: Useful Measures and Methods	PRE CONGRESS WS5 Robert Leahy The Therapeutic Relationship in CBT and management of Transference-Countertransference issues	PRE CONGRESS WS6 Steven Hayes Acceptance and Commitment Therapy	PRE CONGRESS WS7 Anke Ehlers Cognitive Therapy for posttraumatic stress disorder	PRE CONGRESS WS8 James Bennett-Levy Experiencing strengths-based CBT from the inside out: A self-practice/self-reflection workshop for therapists	PRE CONGRESS WS 9 Frank Ryan The Willpower Workshop: Innovative CBT Applied to Addiction	PRE CONGRESS WS 11 Cory Newman Preventing Suicide: Using CBT to Help Clients Choose to Live	PRE CONGRESS WS13 Costas Papageorgiou Metacognitive therapy for depression in individual and group formats	PRE CONGRESS WS15 Arnoud Arntz Schema Therapy for borderline personality disorder
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18:30-19:30	OPENING SPEECHES											
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8:30-10:00	<b>In Congress Workshop 1</b> <i>Steven Hayes</i> The significance of psychological flexibility in understanding and using the therapeutic relationship	<b>In Congress Workshop 2</b> <i>Peter Fisher</i> Metacognitive Therapy for Obsessive Compulsive Disorder	<b>In Congress Workshop 3</b> <i>Robert Friedberg</i> If at first you do not succeed.... pivoting after mistakes in CBT with youth	<b>In Congress Workshop 4</b> <i>Linda Craighead</i> Incorporating Appetite Awareness Training into cognitive behavioral treatment for binge eating and bulimia	<b>In Congress Workshop 5</b> <i>Edmund Thomas Dowd</i> Cognitive Hypnotherapy	<b>In Congress Workshop 6 (Free)</b> <i>Per Calbring</i> Internet-based CBT Interventions	<b>In Congress Workshop 7 (Free)</b> <i>Joop Meijers</i> Affect Phobia Therapy	<b>Masterclass 1</b> <i>Adam S. Radomsky</i> CBT in Action for Postpartum Obsessions	<b>Masterclass 2</b> <i>Frank Ryan</i> Willpower Masterclass: Enhancing cognitive control to improve outcomes	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers
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11:30-12:30	<b>Keynote 1</b> <i>Steven Hayes</i> The pervasive importance of psychological flexibility in process oriented evidence-based practice	<b>Keynote 2</b> <i>Paul Salkovskis</i> Doing the best we can: Principles and practice of bringing better Psychological help to those who need it most	<b>Keynote 3</b> <i>Arnoud Arntz</i> Good practice of Schema Therapy for borderline personality disorder: What are the basic elements?	<b>Plenary 1</b> <i>Christine Purdon</i> An Anatomy of Compulsions	<b>Plenary 2</b> Ulrich Stangier TBA	<b>Plenary 3</b> <i>Rachel Menzies</i> Death anxiety, existential issues and abnormal behaviour	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers
12:30-13:30	LUNCH BREAK & Keynote <i>Mauro Galluccio</i> Diplomacy meets Science: A Cognitive insight on conflict transformation and security-related policy-making negotiation behavior.											
13:30-14:30	<b>In Congress Workshop 8</b> <i>Jonathan Huppert</i> Metacognitive Therapy for Generalized Anxiety and worry	<b>In Congress Workshop 9</b> <i>Jonathan Huppert</i> Good practice of in vivo and imaginal Exposure Therapy	<b>In Congress Workshop 10</b> <i>Frank Ryan</i> Rediscovering Willpower: the key to successful outcomes in addiction and substance misuse	<b>In Congress Workshop 11</b> <i>Anke Ehlers</i> Updating Trauma Memories with Cognitive Therapy for PTSD	<b>In Congress Workshop 12</b> <i>Nikolaos Kazantzis</i> Enhancing CBT Homework with Collaborative Empiricism and Socratic Dialogue: A Practical Workshop	<b>In Congress Workshop 13 (Free)</b> <i>Sara Tai</i> Thinking Effectively About Mood Swings (TEAMS) - Cognitive Therapy for Mood Swings and Bipolar Disorders	<b>In Congress Workshop 14 (Free)</b> <i>Elna Yadin</i> Special Topics in the Treatment of OCD in Children and Adolescents	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers
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16:30-17:30	<b>Keynote 4</b> <i>Mehmet Z. Sungur</i> Infidelity and Its Consequences: Is it possible to rebuild trust following the affair?	<b>Keynote 5</b> <i>Adam S. Radomsky</i> When Best Practice Isn't Best Practice: Enhancing the acceptability of CBT for Anxiety Disorders and Related Problems	<b>Keynote 6</b> <i>Keith S. Dobson</i> The training and dissemination of CBT for depression: Past failures and lessons learned	<b>Keynote 7</b> <i>Robert Friedberg</i> Disseminating Child and Adolescent Cbt in Skilled Hands: The Importance of Good Practice	<b>Plenary 4</b> <i>Fügen Neziröglü</i> Good Practices in the Treatment of BDD	<b>Plenary 5</b> <i>Thomas Heidenreich</i> Existential issues in CBT: current state and future perspectives	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers
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8:30-10:00	<b>In Congress Workshop 15</b> <i>Judith Beck</i> CBT for personality disorders	<b>In Congress Workshop 16</b> <i>Stefan Hofmann</i> Cognitive Behavioral Therapy of Social Anxiety Disorder	<b>In Congress Workshop 17</b> <i>Christine Purdon</i> Treatment of OCD: A case formulation approach	<b>In Congress Workshop 18</b> <i>Douglas Turkington</i> CBT for thought disorder and negative symptoms in schizophrenia	<b>In Congress Workshop 19</b> <i>Viktoria Ritter, Ulrich Stangier</i> Mirror Images, Mental Images, and Modifications: Cognitive Therapy for Body Dysmorphic Disorder	<b>In Congress Workshop 20 (Free)</b> <i>Ifrah Yovel</i> The Initial Phase of Therapy in ACT: Setting the Grounds for a Valued Change	<b>In Congress Workshop 21 (Free)</b> <i>Guy Doron, Danny Derby</i> Relationship Interrupted: Assessment and Treatment of Relationship Obsessive Compulsive Disorder (ROCD)	<b>Masterclass 5</b> <i>Peter Fisher</i> A metacognitive therapy solution to treating emotional distress in physical illnesses	<b>Masterclass 6</b> <i>Costas Papageorgiou</i> The attention training technique: Dos and Don'ts	<b>Masterclass 7</b> <i>James Bennett-Levy</i> Reflective practice seems like a great idea but what is it?	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers
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11:30-12:30	<b>Keynote 8</b> <b>Robert Leahy</b> Disparaged Emotions: Jealousy, Envy, Boredom, Ambivalence	<b>Keynote 9</b> <b>Anke Ehlers</b> Treating posttraumatic stress disorder effectively and efficiently: A cognitive approach	<b>Keynote 10</b> <b>Arthur Freeman</b> The Continuity Hypothesis: From Personal Style to Personality Disorder	<b>Plenary 6</b> <b>Costas Papageorgiou</b> Ascertaining good practice: the empirical status of metacognitive theory and therapy of depression	<b>Plenary 7</b> <b>Nikolaos Kazantzis</b> Towards a Science Informed Practice of Therapeutic Interaction in CBT							
12:30-13:30	LUNCH BREAK											
13:30-14:30	<b>In Congress Workshop 22</b> <b>Robert Leahy</b> Emotional Schema Therapy	<b>In Congress Workshop 23</b> <b>Amy Gaglia</b> Foundations and basic principles for effective practice of DBT	<b>In Congress Workshop 24</b> <b>Costas Papageorgiou</b> Metacognitive Therapy for rumination and depression	<b>In Congress Workshop 25</b> <b>Cory Newman</b> Providing Highly Effective CBT Supervision: The Essential Attitudes and Practices	<b>In Congress Workshop 26 (Free)</b> <b>Antonio Pinto</b> A Mindfulness and CBT Integrated treatment for psychosis: from the Early Intervention to the improvement of the Neurocognitive and Metacognitive dysfunctions	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	<b>Symposium 1</b> <b>Viktoria Ritter</b> TBA	<b>In Congress Workshop 27 (Free)</b> <b>Paul Kasyanik</b> Group Schema Therapy: Working with the Child and Parent Modes	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers
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16:30-17:30	<b>Keynote 11</b> <b>Judith Beck</b> The Therapeutic Relationship in Cognitive Behavior Therapy	<b>Keynote 12</b> <b>Adrian Wells</b> Is metacognitive therapy more effective than other evidence-based therapies?	<b>Keynote 13</b> <b>James Bennett-Levy</b> Crossing the reflective bridge: The role of personal practice in therapists' skill development	<b>Plenary 8</b> <b>Isabel Fernandez</b> Contribution of EMDR on reducing traumatic stress. Standards of good and ethical practice	<b>Plenary 9</b> <b>Jonah Huppert</b> Common and specific factors in CBT: Theory and research from studies in the treatment of anxiety	<b>Plenary 10</b> <b>Edward Craighead</b> For whom does CBT for depression work?: Prevention, Prediction, and Relapse						<b>2. GM of EABCT</b>
16:09.2017	Hall 1	Hall 2	Hall 3	Hall 4	Hall 5	Hall 6	Hall 7	Hall 8	Hall 9	Hall 10	Hall 11	Hall 12
8:30-10:00	<b>In Congress Workshop 28</b> <b>Paul Salkovskis</b> CBT for Medically Unexplained Symptoms: combining core strategies and problem specific tactics	<b>In Congress Workshop 29</b> <b>Irismar Reis De Oliveira</b> Basic skills acquisition for good practice of Trial Based Cognitive Therapy (TBCT)	<b>In Congress Workshop 30</b> <b>Fügen Neziroglu</b> Cognitive Behavioral Therapy for Body Dysmorphic Disorder	<b>In Congress Workshop 31</b> <b>Trudie Chalder</b> A transdiagnostic approach to persistent physical symptoms focusing on fatigue	<b>In Congress Workshop 32 (Free)</b> <b>Jan Prasko, Milos Slepecky, Jana Vyskocilova, Antonia Kotianova</b> Working With Values in Cognitive Behavioral Therapy	<b>In Congress Workshop 33 (Free)</b> <b>Fredrike Bannink</b> Positive CBT. From reducing distress to building success	<b>Masterclass 10</b> <b>Maria Do Céu Salvador</b> TBA	<b>Masterclass 11</b> <b>Ross Menzies</b> CBT, anger and the personality disorders: Managing difficult interactions	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers
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11:30-12:30	<b>Keynote 14</b> <b>Stefan Hofmann</b> Targeting Emotions in Clinical Practice	<b>Keynote 15</b> <b>Allison Harvey</b> Developing transdiagnostic psychological treatments for better practice in insomnia, depression and bipolar disorder	<b>Plenary 11</b> <b>Ross Menzies</b> Innovations in the treatment of Obsessive-Compulsive Disorder (OCD)	<b>Plenary 12</b> <b>Tamie Ronen</b> Increasing human well being: Dissemination of CBT idea in every day life	<b>Plenary 13</b> <b>Farooq Naeem</b> Putting cultural issues into the perspective during good practise of CBT							
12:30-13:30	LUNCH BREAK											
13:30-14:30	<b>In Congress Workshop 34</b> <b>Ross Menzies &amp; Rachel Menzies</b> Treating death anxiety: Novel approaches to managing existential dread	<b>In Congress Workshop 35</b> <b>Allison Harvey</b> Improving good practice by enhancing memory for treatment	<b>In Congress Workshop 36</b> <b>Tullio Scrimali</b> Integrating Applied Neuroscience and Biofeedback into CBT	<b>In Congress Workshop 37</b> <b>Tamie Ronen</b> The road to happiness: Facilitate positive emotion in clients	<b>In Congress Workshop 38</b> <b>Linda Craighed</b> Incorporating Appetite Awareness Training into CBT for adult and child weight management	<b>In Congress Workshop 39 (Free)</b> <b>Safaa Eraky Azab</b> Mind YourAanger Habits: For Teens (Group CBT For Teens With Anger Behavioral Problems)	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers	Skills Classes / Clinical Roundtables / Debates / Symposias / Open Papers
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16:30-17:30	Closing Ceremony											